



# Monitoring places of detention

## **Australian NPM Annual Report 2022–23**

### Who we are

Australia is a party to the United Nations *Optional Protocol to the Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment* (OPCAT). OPCAT is an international human rights treaty to improve treatment and conditions for people in detention, and strengthen protections against their torture and ill treatment.

OPCAT is prevention focused so that risks of mistreatment are identified before it happens. This is done through regular visits to places of detention by monitoring bodies known as National Preventive Mechanisms (NPMs). We are the 12 bodies that make up the Australian NPM.

➤ In Australia, our NPM is made up of multiple bodies from across the country, each with responsibility for oversight of different places of detention.

We have released our first Annual Report, for 2022–23, which you can find [here](#). This report has more information on who we are and what we do. It also has information on some key common themes we identified in places of detention in 2022–23.

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### Common themes

- Youth detention, including use of isolation
- Access to the NDIS in detention
- Access to Medicare and the PBS in detention
- Staffing shortages in places of detention
- Increasing numbers of people held on remand